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Paul McKenna's parents are William Joseph McKenna, a building contractor, and Joan Brenda McKenna, a former Middlesex University lecturer who was a chief examiner for the London Regional Educational Board.

Paul McKenna - Wikipedia

About Paul McKenna He is the number one hypnotherapist in the world, and is renowned for helping people treat the most difficult problems. Recognized by The Times of London as one of "the world's most important modern self-help gurus," Paul McKenna is the UK's most successful non-fiction author.

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