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## **complete book of wrestling pdf**

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Professional wrestling (often shortened to pro wrestling or simply wrestling) is a form of performing art and entertainment which combines athletics with theatrical performance. It takes the form of events, held by touring companies, which mimic a title-match combat sport. The unique form of sport portrayed is fundamentally based on classical and "catch" wrestling, with modern additions of ...

## **Professional wrestling - Wikipedia**

Greek wrestling (Greek: ἑλληνιστὴν πάλη, also known as Ancient Greek wrestling and Palaios, was the most popular organized sport in Ancient Greece. A point was scored when one player touched the ground with his back, hip or shoulder, or conceding defeat due to a submission-hold or was forced out of the wrestling-area.

## **Greek wrestling - Wikipedia**

The latest news, events and results for USA Wrestling from the USOC official site.

## **USA Wrestling - Features, Events, Results | Team USA**

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